

NORFOLK NAVAL SHIPYARD FIT FOR LIFE RUN STATS

	NAME AND COMMAND	BIB#	TIME
1.	DUNN, TONY ROYAL NAVY OVER ALL WINNER MEN'S	465	17:41.08
2.	SILVA, FREDDY CVN-71	86	18:32.07
3.	OCHS, RAYMOND NNSY	129	18:50.53
4.	SPRECKLEY, DAMIAN	468	19:15.93
5.	GOMEZ, JOSE SSBN	534	19:37.22
6.	QUISPE, RICO CPR4	1671	19:44.92
7.	LONERO, DUSTIN MSS 2	493	19:50.61
8.	STORHOLM, BRYAN NNSY	805	19:56.84
9.	STOLL, PETER J USCG ATLANTIC AREA	403	20:01.35
10.	VAUBEL, ERIC VR-56	506	20:08.46
11.	SUNDAN, JEFFREY TRIMAN	373	20:11.46
12.	LEE, EMMANUEL TRUXTON	462	20:16.74
13.	NATRESS, JASON USS ALASKA	981	20:24.88
14.	NASSIF, DOUG VAW	174	20:27.03
15.	SORENSON, GREGORY DDG 79	477	20:28.49
16.	RIVERS, ART NCWG2	566	20:40.67
17.	MARYAN, BROWARD CVN 73	554	20:41.88
18.	VASHTI, KING D NCWRON 4	351	20:49.98
19.	D'AMICO, ANDREW TACR	567	20:49.98
20.	HESS, RYAN VAW	1712	20:49.98
21.	MORRIS, CHARLES M. ROOSEVELT	924	20:55.98
22.	STURTS, CHARLES CVN 71	128	20:57.16
23.	KETCHUCK, JASON A MOBSEC 2	488	21:03.23
24.	TOOLAN, ZAR NNSY	449	21:05.09
25.	MARTIN, KATE GS-9 OVER ALL WINNER WOMEN'S	862	21:08.98
26.	BRODUS, JOHNATHAN USS TR	1676	21:13.76
27.	ZANER, GERRY NNSY	409	21:14.42
28.	RICE, ROBERT NNSY	365	21:32.09
29.	MCCUNE, BRAIN NAVFAC	1744	21:34.12
30.	WAGENMAN, RUSSELL NNSY	1713	21:35.58
31.	BEUTTENMULLER, PETER MSS-6	269	21:38.15
32.	KOSKI, KEVIN CGC	464	21:38.15
33.	KANDER, MIKE NAVSEA111	937	21:46.34
34.	SZYMCZAK, CHRIS NAVFAC	353	21:54.20
35.	MAYFIELD, CHRIS USS IWO JIMA	543	21:54.20
36.	MARKWELL, PETER C CVN-71	257	22:02.08
37.	HANSON, ALEXANDER JAMES USS ALASKA	793	22:10.25
38.	BLAKEBURN, ROY	581	22:10.65
39.	PERDUE, TRAVIS CVN 71	1673	22:23.24
40.	OAKS, TODD NCWG-2	427	22:31.12
41.	RICE, DUNSTIN MSD27	178	22:34.51
42.	LONG, RUSSELL ROYAL NAVY	470	22:35.64
43.	FISHER, BENJAMIN MOBSEC	372	22:37.77
44.	LANDRY, HEIDI CG NESU	501	22:41.76
45.	WEEKS, TOM NNSY	823	22:42.44
46.	HICKMON, ERIC MONTERLL CVN-71	456	22:43.57
47.	JIMENZ, MARTIN TRUMAN	454	22:48.76
48.	HULET, MURDOCK LC	471	22:52.36
49.	GIBBONS, JOHN USS ALASKA	846	22:54.03
50.	GRILL, DUSTIN TR	456	23:03.68
51.	YEARGIN, KEITH RETIRED	514	23:04.29
52.	RAMIREZ, MARCO A RLSO	882	23:12.23
53.	BERKEY, RICHARD NNSY	346	23:18.69
54.	STONE, GREGORY NSSC NORFOLK	397	23:22.00
55.	PERRY, VINCENT USS TR	1680	23:28.01
56.	PIERRE, REGINALD NCWG 2	127	23:37.63
57.	MORGAN, DAVID MSD	460	23:44.07
58.	PATTON, SHAWN MARMC	529	23:46.62

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59.	FORT, JAMES NSWG 2	989	23:55.31
60.	MORRIS, JON NNSY	143	23:55.90
61.	WATZ, CATHERINE USS GW	574	23:59.17
62.	EDWARDS, GENE USS FLEET FORCES	892	24:07.19
63.	VOIGHT, MICHAEL CED	519	24:12.76
64.	HENLEY, DAVID MARMC	400	24:13.76
65.	BONNER, GEORGE USCG	341	24:19.76
66.	TALBERT, MAC VR-56	502	24:21.95
67.	IRONS, MARCUS MARMC	318	24:23.55
68.	BONNER, ANDREA USCG	405	24:24.78
69.	MARTIN, JOHN CVN 71	111	24:27.00
70.	SALISBURY, TERRY JFCOM	563	24:29.44
71.	FALLER, DARRIN MOBSEC DET 27	347	24:30.14
72.	RHODES, CHRISTOPHER CHSCWL	347	24:35.07
73.	LIGHT, MARK VRC-40	520	24:37.31
74.	VELIZ, JOSUE CVN 73	800	24:43.13
75.	HAWKINS, JAMIE NSHS	523	24:44.47
76.	DAVIS, LEGRAND RETIRED	352	24:51.91
77.	ROBBINS, MARCUS ACU-1	544	24:52.55
78.	PAUTLER, STEVEN CNATTU	557	24:53.34
79.	BROWN, COREY NCWG-2	505	24:53.62
80.	WILLIS, DAVID JFCOM	469	24:54.20
81.	MARLATT, RYAN CVN 73	369	24:55.86
82.	HERBERT, JACKIE	568	24:56.40
83.	KING, CHRISTOPHER LORENZO	95	24:56.87
84.	WRIGHT, CHARLENE NNSY	579	24:57.41
85.	GERMAIN, JOHN MARFORCOM	515	25:04.76
86.	BONNER, LOIS COAST GUARD	814	25:06.81
87.	OTIS, PATRICK MOBSEC 2	494	25:12.43
88.	FITZGERALD, AARON MOBSEC 2	477	25:12.85
89.	TAING, LARRY	479	25:17.79
90.	CARTER, GARY HMS	469	25:28.22
91.	COX, JOE TR	481	25:30.33
92.	CURL, MIGUEL MOBSEC 2	399	25:31.03
93.	MARTIN, BRANDON LEE CVN 71	834	25:33.30
94.	FELL, CHARLES USS ALASKA	902	25:35.50
95.	OUTLAW, DOMINIC MOBSEC	1701	25:38.08
96.	WILD, JORDAN M MOBSEC 491	491	25:38.62
97.	HAWKINS , ADDY NSHS	524	25:39.25
98.	RASMUSSEN, FAWNYA BUSH	368	25:40.58
99.	RAMOS, NELSON MOBSEC	499	25:47.99
100.	RAFFERTY, WENDY DEPENDENT	551	25:53.66
101.	PINTO, MARK MARMC	530	25:53.95
102.	DORCHAK, MICHAEL CGD	936	25:54.84
103.	ZALEWSKI, ANGELA MSS2	370	25:55.61
104.	HOWLETT, SIMON HMS	466	25:55.89
105.	ROBERS, KENNETH	313	26:10.10
106.	PLEBANI, DAN RETIRED	538	26:13.29
107.	PANCHYSHYN, STEVE NNSY	548	26:20.05
108.	ROSS, E MARMC	368	26:20.95
109.	PETRIN, DEREK SUPSHIP NN	376	26:21.76
110.	LUCAS, JOHN OCEANA	580	26:30.30
111.	LITTLETON, JASON USS G.W	170	26:34.22
112.	WASHINGTON, STEVEN MARMC	393	26:45.06
113.	PALMER, KEITH CVN 71	1689	26:46.13
114.	VAN MEERTEN, DAVID MARMC	346	26:47.16
115.	ADDISIE, MULUGETA G CVN 73	950	26:48.62
116.	MANNING, TRENT R USCG	577	26:51.19
117.	RYEL, PAULA RAE CVN 77	917	26:52.33
118.	RODRIQUEZ, MATT CVN 71	1714	26:56.45

NORFOLK NAVAL SHIPYARD FIT FOR LIFE RUN STATS

119.	BOWEN, WILLIAM GNDL DET NORVA	370	27:01.00
120.	WELCH, PAUL CVN 73	53	27:07.00
121.	MURPHY, DONOVAN USS TR	1695	27:11.47
122.	WILLIAMS, MARK NCWG-2	430	27:11.73
123.	REED, DAVID NNSY C2320	255	27:19.69
124.	RIDGWAY, ROBERT CVN73	211	27:20.98
125.	BLEVINS, JONATHAN USS GW	106	27:26.28
126.	DEMOTTS, DAN CVIC	1728	27:27.45
127.	LOPER, JAMES MOBDEC 2	320	27:32.89
128.	DAVIS, ROBERT TR	1719	27:34.57
129.	ROZIER, JIMMY TR	455	27:36.12
130.	CRACE, STEVE NNSY	109	27:37.94
131.	RAMOS, DAVID EDEPENDENT	561	27:41.35
132.	CLINE, JOSHUA USS GW	134	27:49.12
133.	WILSON, ANDREW CVN 73	921	27:49.12
134.	WILLIAMS, ROBERT CNE NORFOLK	526	27:55.30
135.	ROWE, RALPH JR. NNSY	549	27:55.94
136.	GRAFTON, STEVEN NNSY	919	27:57.03
137.	TRUTE, CRAIG CVN 73	843	27:57.99
138.	WARREN, MICHAEL MOBSEC 6	542	27:59.12
139.	BLEST, JULIE NNSY	866	28:01.31
140.	SPAULDING, MICHELE CVN-71	982	28:01.57
141.	BAROCO, PATRICK NCWG	1702	28:12.82
142.	MARTINEZ, LUIS MHLD	483	28:13.82
143.	BUEHNE, DOUGLAS CG	485	28:16.74
144.	VEIGA, PAUL NCWG-2	441	28:17.18
145.	MATHERSON, CHRISTOPHER USS GW	117	28:18.30
146.	BALMACEDA, ROBERT NCWG2	408	28:18.30
147.	PORTILLO, HENRY CVN 73	916	28:26.25
148.	ARANDA, MANUEL USS GW	801	28:28.13
149.	JENKINS, MATTHEW CVN 71	489	28:35.30
150.	MCQUISTON, GREGORY USS GW	839	28:36.20
151.	CERZA, RICK EV-1	453	28:39.44
152.	TRIMNER, RONALD CNATTU	562	28:44.43
153.	SLATER, JENNIFER MWR	578	28:45.57
154.	RICE, CRYSTAL NNSY	958	28:49.18
155.	SANDERS, JAMIE ACU	952	28:50.03
156.	ETRINGHAM, MARK MOBSEC 2	478	28:51.18
157.	GALVAO, JOSE	361	28:53.16
158.	GROBSMITH, RICHARD IBU-42	352	28:56.47
159.	MCLEAN, SCOTT MIUW	457	28:58.71
160.	DINKINS, MARCUS	1710	28:59.94
161.	HOUPE, AARON MSD 21	459	29:01.60
162.	FRYDENLUND, JON CARTER CVN-71	455	29:11.87
163.	PALMER, JOHN CVN 75	830	29:19.40
164.	SPANN, DELILAH DDG-103	452	29:20.17
165.	PROPST, BRIAN CVN-71	459	29:20.51
166.	PORTILLO, CARLOS MARMC	382	29:21.52
167.	ROGERS, JESSE MARMC	373	29:22.36
168.	MCCLELLAND, RICHARD NCWG 2	105	29:25.82
169.	SOSNOWSKI, PAUL USS GW	922	29:27.35
170.	DAVIS, CHAD CNE NORFLK	516	29:28.41
171.	OLIVER, JASON MSS 2	371	29:30.73
172.	ATMEY, BRIAN CNATTU	559	29:36.26
173.	WOOD, ERIC MOBSEC	1704	29:39.78
174.	LONG, CHRISTOPHER MSD	1674	29:40.87
175.	BOISE, JESSICA USS ROOSEVELT	990	29:47.48
176.	RILEY, KYLE MSS2	140	29:53.64
177.	CARLOW, CHRISTOPHER NCWG 2	135	30:06.08
178.	MABRY, TORRENCE NCWG-2	447	30:10.98

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179.	GRANT, ROBERT CVN 71	1723	30:11.95
180.	STAHL, JOE MARMC	284	30:14.75
181.	SELPH, ANTHONY MARMC	429	30:15.98
182.	DILLARD, DC CVN 71	1709	30:16.160
183.	SNYDER, MICHAEL NESU PORTSMOUTH	499	30:19.43
184.	MORGANTE, MICHELLE CVN 73	941	30:24.35
185.	VALLE, CAMILO JOSE	342	30:26.02
186.	DANIELS, MIKE NECC	349	30:30.96
187.	SCUDDER, STEPHEN COMNAV	467	30:32.15
188.	GORDON, MICHAEL CDSA DAM NECK	527	30:33.15
189.	BANKS, JOE NCWGS 2	1741	30:36.47
190.	BOYD, TERR IBU	367	30:38.92
191.	PETERSON, FREDDIE CVN 71	1700	30:45.41
192.	THIVIERGE, JUSTIN NNSY	819	30:45.70
193.	RICE, LORRAINE VFC 12	453	30:47.08
194.	MACHNIS, ZACHARY TR	451	30:48.26
195.	BROWN, THOMAS NCWG 2	923	30:50.08
196.	GILBERT, LEILANI CVN 71	125	30:52.15
197.	LANDERS, MORGAN CVN 71	124	30:53.37
198.	JOHNSON, DAVID USS ALASKA	108	30:54.25
199.	ADAMS, CHARLES NNSY	248	30:56.45
200.	ATKINS, SHELLEY USS IWO JIMA	537	30:58.05
201.	NOWARK, ANDREW USS ROOSEVELT	811	30:59.77
202.	ENTWISTLE, KRISTIAN MARMC	424	30:128.23
203.	HASTINGS, DEBORAH J NESU	540	31:03.28
204.	JONES, VINCENT CVN 71	1738	31:04.67
205.	RASH, EARNEST MOBSEC	490	31:06.32
206.	BROOKS, LATISHA USS ROOSEVELT	377	31:16.69
207.	MERCER, JOSEPH CVN 71	691/498	31:20.18
208.	BROWN, WILBURT	1693	31:20.79
209.	MEYER, WENDY USCG	448	31:26.82
210.	FISH, JOANNE CAPT NNSY	210	31:29.33
211.	ELLISON, RICHARD MARMC	985	31:33.27
212.	SANDWELL, JOSHUA MARMC	212	31:45.57
213.	TRUTZA, NICHOLAS CVN 71	493	31:47.61
214.	SMOCK, JACK L USS ALASKA	339	31:49.83
215.	INGALLS, SARA MARMC	464	31:59.40
216.	DELAROSA, JOY RETIRED	492	32.:10.59
217.	JOHNSON, DAVID NMCP	533	32:02.54
218.	MAZIQUE, KEVIN NNSY	1729	32:12.62
219.	COLON, RICHARD NCWG2	503	32:18.67
220.	RANDOLPH, RHONDA MIUWU 401	366	32:20.92
221.	BRADLEY, SHAUN TR	1724	32:22.66
222.	NOLAN, RAYMOND USS TR	1681	32:23.66
223.	HANNAGAN, PETER J COMNCWGRU	364	32:27.54
224.	HURLEY, SHANNON JFSC	446	32:28.08
225.	STOCKING, JESSE CVN 71	932	32:28.65
226.	MOODY, DERRICK CVN 71	888	32:30.84
227.	HEITZMAN, JEAN USS TR CVN 71	841	32:32.75
228.	QUINONES, RAFAEL NCWS 4	355	32:34.64
229.	FLOWERS, K MOBSEC	1706	32:36.77
230.	SELLERS, KACEE CVN 71	357	32:54.7432
231.	EDWARDS, NNEKA CVN 71	480	32:59.57
232.	DELNICKI, JAMES PCU BUSH	388	33:17.01
233.	KEISER, JASON CVN-71	175	33:25.15
234.	CLARK, LYNDON NNSY	535	33:28.52
235.	PHILLIPPI, SAMUEL C USS ALASKA	319	33:34.01
236.	LEONARD, HARRY CVN 71	121	33:41.41
237.	KINCAID, KELLY D MIUW	360	33:43.59
238.	SOTO, JESSE CVN 71	1691	33:44.22

NORFOLK NAVAL SHIPYARD FIT FOR LIFE RUN STATS

239.	CARR, MICHAEL NCWS	363	33:45.52
240.	HUDSON, THANDIWE NMCO	536/1698	33:46.95
241.	JOHNSON, WILLIAM MSD 21	473	33:49.45
242.	BUZARD, DAVID NCWG	1727	33:53.59
243.	CALDWELL, JAMES NCWG-2	461	34:09.17
244.	DUPREE, DION CVN 71	1692	34:15.12
245.	CONDER, BRANDON SUSHIP	1715	34:26.05
246.	PAKINGAN, LITO RETIRE	556	34:31.57
247.	PETERSON, IAN CVN 71	1720	34:47.18
248.	DECAROLIS, CHRISTOPHER CVN 71	1721	34:58.17
249.	MARTINEZ, YOLANDA CVN 73	573	35:03.57
250.	MORELAND, LANCE MSD	474	35:06.26
251.	QUINN, ELMER USS GW	901	35:06.53
252.	FLORES, WILLIAM MSS	500	35:10.34
253.	FISHER, CORY USS G.W	359/1730	35:10.58
254.	HILL, DWIGHT A USS GW	869	35:11.18
255.	NAHMAD, ARI NRMD	531	35:13.96
256.	FITZGERALD, MICHELLE	472	35:24.65
257.	PERRY, CORINNE NSHS	461	35:29.05
258.	SHAFER, KYLE VBBS	490	35:52.66
259.	RHODES, JOHN USS ALASKA	404	36:15.11
260.	PHILLIPS, JAMES B TR	1696	36:16.59
261.	GOUGHNOUR, RYAN CVN 71	494	36:18.81
262.	LATTA, DARIUS CVN 71	1726	36:26.72
263.	GOODWYN, THOMAS NNSY	1708	36:26.99
264.	VILLARREAL, RAYMUNDO USS TR	1678	36:29.49
265.	HALL, MARK MOBSEC	487	36:33.60
266.	HASTINGS, HEATHER USS G.W	380	36:35.30
267.	DOMINGUEZ, ELIZABETH ROOSEVELT	1677	36:53.05
268.	BEILING, JAMES CVN 73	1737	36:56.53
269.	RAMIREZ, ALBERTO CVN 71	933	37:01.59
270.	MESICK, ANDREW CVN 71	463	37:08.68
271.	AXE, JOANNE CVN 71	471	37:08.88
272.	SOSA, GERRI MSS 2	488	37:16.47
273.	LEBEAUF, DAVID CVN 71	1736	37:18.21
274.	CALDWELL, JOSHUA CVN 71	452	37:21.36
275.	ANDREW, ALLAN TR	1722	37:33.31
276.	WALKER, CHRISTOPHER NCWS 4	356	38:16.33
277.	HEINISCH, MICHAEL USS G.W	402	38:18.36
278.	FRAKES, KYLE NCWS4	353	38:20.24
279.	COLBERT, HARRY MIUWU	350	38:24.09
280.	GOLDEN, ANISA TRUMAN	123	38:31.89
281.	SUTTON, JERMAINE NCWG-2	460	38:43.38
282.	SMITH, KENDRED NCWG2	897	38:53.75
283.	JENKINS, JAMES MIUL	354	38:54.05
284.	WILHELM, SARAH R CVN 71	284	38:54.35
285.	VANDORST, DANIELLE CVN-71	870	38:54.65
286.	YOUNG, WILLIAM USS ROOSEVELT	1743	38:56.10
287.	WHITAKER, WILLIAM NCWG 2	546	39:03.33
288.	DAVIS, JIMMY MCWG-2	429	39:04.14
289.	WILSON, DONNIE TR	1739	39:04.42
290.	CHASE, KAYLA CVN 73	1699	39:09.72
291.	SHARLOW, DAREN NCWG-2	435	39:20.50
292.	MOORE, MARQUEENA TR	1732	39:22.56
293.	VERMILLION, BONNIE USS GW	572	39:33.22
294.	VERMILLION, LARRY FACSFAC	475	39:33.27
295.	JORDAN, SCOTT USS TR	496	39:33.51
296.	SEMBRAT, HEATH MARMC	205	39:34.89
297.	SMITH, BRUCE COMNCWG	1682/472	39:40.62
298.	BRILEY, ASHLEY CVN 71	1690	39:46.41

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299.	EDGINGTON, DEE NNSY	1725	39:46.83
300.	KROLL, AMY NCWG-2	431	40:17.99
301.	DEMOT, KATHELEEN DCS NORFOLK	794	40:18.97
302.	SHARRER, JESSICA MOBSEC	1703	40:20.66
303.	SALKELD, DEBRA MARMC	250	40:24.46
304.	BAKER, DAVID USS G.W	348	40:20.37
305.	BROWN, CURTIS NCWG 2	949	41:10.60
306.	RAMSEY, DARCY CVN 71	343	41:23.43
307.	XIONG, NANCY CVN 71	344	41:32.42
308.	ARRINGTON-PEET, SABRINA NNSY	969	41:42.70
309.	BAILY, CINDY MARMC	486	41:43.34
310.	STONE, KENDALL MARMC	836	41:43.58
311.	KOROMAH, ELISU TR	1740	41:43.85
312.	WILLIAMS, EAN D NSA	304	42:00.95
313.	EVANS, MILDRED MARU USS GW	791	42:03.58
314.	GREEN, ARIANA MARMC	331	42:12.67
315.	MATHEWS, JOHN USS ALASKA	1745	42:14.74
316.	BANKS, SHUAN NCWS 4	349	42:28.77
317.	LIPAIN, JOSEPH CVN 71	1694	42:39.77
318.	LASTER, SHANTAY NSA	286	42:40.04
319.	MCEATHRON, QUEEN TR	484	43:01.61
320.	WILLIAMS, CANDICE CVN 71	482	43:21.74
321.	DANIELS, VIRGINIA NCWG-2	462	43:23.19
322.	ROGERS, RENEE CVN-71	831	43:25.66
323.	GAERRERU, RYAN CVN 71	1675	43:55.40
324.	MCCRAY, TONYA CVN 71	899	44:58.98
325.	ORITZ, KAREN CVN 73	381	45:01.03
326.	SCOTT, GLENDA MARMC	495	46:09.21
327.	WALKER, TOMMIE TR	1717	46:16.55
328.	PITTS, DERRICK USS ROOSEVELT	1718	46:18.89
329.	FREEMAN, NICOLE MSD	1686	47:40.25
330.	REMINGTON, J.F MARMC	358	47:40.68
331.	ROMAN, MARILYN GARCIA MSS 2	1705	48:05.50
332.	MAK, KATHY MARMC	966	48:16.55
333.	RIETOW, DELILAH TR	476	48:21.20
334.	HAMLIN, VANESSA USS ROOSEVELT	1742	48:26.78
335.	PARSON, MICHAEL CVN 71	1672	48:42.14
336.	PIKUL, THOMAS C-221	359	48:44.33
337.	WALAKABOUT, SUSAN NSWV	1734	48:53.47
338.	TALLEY-OLINOR, ANGELA	341	48:57.87
339.	MATHEWSON, JOHN MOBSEC 2	362	49:24.68
340.	CARTER, SHIRLEY MOBSEC	497	49:49.51
341.	KERR, VENICE MOBSEC	1707	49:49.80